



Om Die Dam - 5km Results

05 June 2025



Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
85	0:48:17	DANIEL DU TOIT	Veteran M	1	1	1
44	0:51:31	CHRISTINA REDLINGHUYS	Open F	2	1	1
50	0:51:35	GERALDINE TINTINGER	Veteran F	3	2	1
20	0:51:37	SHAENE TINTINGER	Master M	4	2	1
8	0:51:51	ZELDA NIEMANDT	Veteran F	5	3	2
12	0:52:30	EMMA TINTINGER	Open F	6	4	2
91	0:53:57	MONIQUE BEECROFT	Open F	7	5	3
45	0:54:14	MURIEL ESTERHUYSE	Veteran F	8	6	3
52	0:56:54	DANIEL FOURIE	Junior M	9	3	1
226	0:58:08	CAROL RADEMEYER	Grand Master F	10	7	1
65	0:59:06	DAVID STRAUSS	Open M	11	4	1
66	0:59:09	FRANCO STRAUSS	Junior M	12	5	2
166	1:00:19	MATHEW HART	Veteran M	13	6	2
168	1:00:22	FRANK DU TOIT	Veteran M	14	7	3
74	1:01:25	KATHLEEN TINTINGER	U12 F	15	8	1
158	1:01:51	YVETTE THOMPSON	Master F	16	9	1
159	1:02:11	KAYLA THOMPSON	Open F	17	10	4
30	1:02:44	SHELLEY-ANNE COLLINSON	Master F	18	11	2
82	1:02:47	MICHELLE SEVERIN	Veteran F	19	12	4
81	1:02:47	CATHY FAIR	Master F	19	12	3
79	1:03:14	NIKKI SUMMERS	Veteran F	21	14	5
87	1:07:47	KIM ROSSAUW	Veteran F	22	15	6
136	1:08:06	JOHAN SALIM	U12 M	23	8	1
59	1:08:31	MORGAN TAYLOR	U16 F	24	16	1
46	1:08:51	YVETTE CROCKER	Master F	25	17	4
129	1:09:10	CAROLIN DIETERLE	Open F	26	18	5
10	1:09:15	DAVID HAVEMANN	Veteran M	27	9	4
6	1:09:28	AGGIE CHYLINSKA	Veteran F	28	19	7
220	1:10:05	JACQUES MEYER	Veteran M	29	10	5
80	1:11:31	CHARLES SUMMERS	Grand Master M	30	11	1
78	1:11:33	GILLIAN SUMMERS	Grand Master F	31	20	2
75	1:11:56	THANDI KHOSA	Open F	32	21	6
232	1:12:28	THATO MBUYISA	U16 M	33	12	1
153	1:12:58	PHETOLO MALEBE	Open F	34	22	7
154	1:13:26	THATO NYAPELE	Open F	35	23	8
163	1:14:13	STUART WOODHEAD	Grand Master M	36	13	2
155	1:16:15	SHIRLEEN NYAPELE	Open F	37	24	9
164	1:17:08	TIFFANY DU TOIT	Open F	38	25	10
169	1:17:12	JUNO HART	Junior F	39	26	1
170	1:18:52	TERSIA VD WALT	Grand Master F	40	27	3
165	1:19:02	TAMERIN HART	Open F	41	28	11



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167	1:19:11	ELLE DU TOIT	Veteran F	42	29	8
67	1:23:27	TIA STRAUSS	U12 F	43	30	2
221	1:23:30	AMKE BOTHA	Junior F	44	31	2
151	1:23:44	ANDREW FORSYTH	Veteran M	45	14	6
152	1:23:45	JOSHUA ROOKE	Junior M	46	15	3
222	1:23:49	ELMARIE BOTHA	Veteran F	47	32	9
56	1:23:50	BLONDIE	Veteran F	48	33	10
134	1:23:57	KATIE ROOKE	Veteran F	49	34	11
150	1:24:02	EMMA ROOKE	Junior F	50	35	3
Honorable Mentions						
57	0:44:54	FRANKI TAYLOR	U12 F	-	-	-
60	0:45:06	JOANNE TAYLOR	Veteran F	-	-	-
140	0:45:32	SHANNON TUCKER	Open F	-	-	-
143	0:45:40	REBECCA TUCKER	Junior F	-	-	-
199	0:45:47	BAILEY MEYER	Junior F	-	-	-