

Elephant Rock Eco Estate - 11km						
31 May 2025						
Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
149	0:46:44	WILRECO BEESLAAR	U18 M	1	1	1
118	0:51:31	PETER BAKER	Open M	2	2	1
127	0:52:56	TYRONE JOOSTE	Open M	3	3	2
113	0:53:29	FRANCOIS STEYN	Veteran M	4	4	1
125	0:57:27	JORDAN PRINSLOO	U16 F	5	1	1
131	0:57:36	JASON KIPLING	Open M	6	5	3
141	1:01:16	STEFAN WINTERBOER	Veteran M	7	6	2
123	1:01:43	VILLIERS STEYN	Veteran M	8	7	3
102	1:02:31	JOANE PIENAAR	Open F	9	2	1
160	1:04:12	JESSICA GROSE	Open F	10	3	2
161	1:04:19	JOSHUA HALL	Open M	11	8	4
143	1:04:41	KOBUS BEESLAAR	Grand Master M	12	9	1
165	1:05:15	BRENDON LONGHURST	Master M	13	10	1
126	1:06:52	GILLIAN FORSTER	Master F	14	4	1
150	1:13:29	KEELAN BEECROFT	Open M	15	11	5
169	1:13:42	ELIZE DE MEYER	Master F	16	5	2
133	1:14:11	MAURITS STEYN	Open M	17	12	6
308	1:15:49	FELICIA HANSEN	Open F	18	6	3
168	1:15:58	KOBUS PRETORIUS	Open M	19	13	7
167	1:16:00	MARIZAN VAN RHYN	Open F	20	7	4
105	1:18:07	MARELI JANSE VAN RENSBURG	Open F	21	8	5
145	1:19:02	LIZAHNE BEKKER	Open F	22	9	6
142	1:19:20	CARIEN HARDING	Open F	23	10	7
130	1:19:24	DUO LANDMAN	Open M	24	14	8
132	1:20:22	RETHA REDELINGHUYS	Open F	25	11	8
107	1:22:20	KRISTI SPENCER	Veteran F	26	12	1
129	1:22:59	PAUL JACOBS	Open M	27	15	9
117	1:23:02	JB BURGER	Master M	28	16	2
138	1:23:30	NATASHA TROLLIP	Open F	29	13	9
111	1:24:08	WARRICK LEE	Veteran M	30	17	4
110	1:24:09	KIM LEE	Open F	31	14	10
108	1:28:09	ADEL SCHOEMAN	Veteran F	32	15	2
128	1:28:27	ALEX DE RYHOVE	Veteran M	33	18	5
164	1:29:37	DERMOT TYLER	Master M	34	19	3
163	1:29:39	DEBBIE TYLER	Master F	35	16	3
155	1:35:28	ELIZABETH OOSTHUIZEN	Open F	36	17	11
140	1:37:08	MARINA STRAUSS	Open F	37	18	12
166	1:41:14	THABO MOTSOANE	Veteran M	38	20	6
135	1:41:29	EDRIC DE KOCK	Master M	39	21	4
136	1:41:32	DAVID HENDRICKS	Master M	40	22	5
109	1:42:12	SONJA GOUWS	Veteran F	41	19	3
154	1:43:17	JAN OOSTHUIZEN	Open M	42	23	10

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152	1:46:43	LENEL LABUSCHAGNE	Open F	43	20	13
153	1:46:45	LEIGH-ANN GELDENHUYS	Open F	44	21	14
151	1:46:46	MARISKA ESTERHUIZEN	Open F	45	22	15
114	1:47:39	AMIQUE GOTTWALD	Open F	46	23	16
156	1:58:33	JENE ERASMUS	Open F	47	24	17
159	1:58:40	CHANDRE KRUGER	Open F	48	25	18
158	1:58:42	JOHAN KRUGER	Open M	49	24	11