



## WES Elephant Rock Eco Estate - 5km



21 October 2023

Race #	Race Time	Name	Category	Overall Position	Gender Position	Cat. Position
260	0:26:14	MALWANDLA	U16 M	1	1	1
238	0:29:00	HARRY STAMPER	U16 M	2	2	2
257	0:29:59	JANCO MOLLER	U12 M	3	3	1
241	0:35:11	KAELAN CONRADIE	U16 M	4	4	3
245	0:35:13	MURRAY MORRISON	U16 M	5	5	4
239	0:35:46	ELIOT FORSTER	Master M	6	6	1
255	0:36:27	FIONA FERN-CLARKE	Open F	7	1	1
236	0:36:58	STEFANI STEYN	U12 F	8	2	1
237	0:37:01	VILLIERS STEYN	Veteran M	9	7	1
253	0:37:38	FRANK LOUW	U12 M	10	8	2
249	0:39:02	ALEXANDER SHAPIRO	Open M	11	9	1
250	0:39:05	KIRSTEN SHAPIRO	Open F	12	3	2
252	0:39:33	SHAWN DE BEER	Open M	13	10	2
256	0:40:40	MARLO CLARKE	Open M	14	11	3
246	0:43:26	BIANCA COETZER	Open F	15	4	3
261	0:48:25	L KRONJE	Master F	16	5	1
242	0:50:50	JAMES MATTHIS	Junior M	17	12	1
244	0:50:54	JEANNE MATTHIS	Veteran F	18	6	1
251	0:57:18	HAYLEY LOUW	U16 F	19	7	1
247	1:06:22	BRENT ABRAHAMSE	Master M	20	13	2
233	1:06:28	HELEN SMITH	Grand Master F	21	8	1
240	1:06:36	HERMA RONDA	Master F	22	9	2
248	1:06:37	ILSE KRIGE	Master F	23	10	3
234	1:24:01	CHERYL THERON	Grand Master F	24	11	2
235	1:24:03	JENNY GONCALVES	Master F	25	12	4
254	1:24:06	JUDY BRITS	Veteran F	26	13	2
243	1:26:34	BEN MATTHIS	U12 M	27	14	3
259	1:26:45	JEMIMA MUIRHEAD	Junior F	28	14	1
258	1:26:48	MIKE MUIRHEAD	Veteran M	29	15	2