



Lowveld Summer Dash - 20km



26 November 2022

| Race # | Race Time | Name | Category | Overall Position | Gender Position | Cat. Position |
|--------|-----------|-----------------|----------------|------------------|-----------------|---------------|
| 254 | 1:44:25 | DAVID ROSE | Open M | 1 | 1 | 1 |
| 267 | 2:05:58 | ASHLEIGH BAKER | Open F | 2 | 1 | 1 |
| 285 | 2:11:49 | JOHN SMITH | Grand Master M | 3 | 2 | 1 |
| 279 | 2:56:38 | MICHELL LOUBSER | Master F | 4 | 2 | 1 |